

Running the race

“... I have finished the race, I have kept the faith.” 2 Timothy 4:7

This summer we will be enjoying the sporting spectacle of the 2024 Olympics in Paris. A hundred years ago the Olympics were also held in Paris, where one man, Eric Liddell, found Olympic success.

Liddell, born in 1902 in China to Scottish missionaries, made an early commitment to follow Christ. He took his faith seriously, believing that, because Jesus had died for him, his life should be spent serving God and other people. He was an outstanding all-round sportsman and, after playing rugby for Scotland, focused on athletics.

He was selected for the British team for the 1924 Paris Olympics with the expectation that he would run – and win – the 100m. Liddell, believing he had to respond to God’s goodness to him, refused to take part in the 100m heats held on a Sunday. He came under enormous pressure but, refusing to compromise his faith, instead trained for the 200m and 400m.

After taking bronze at the 200m, Liddell prepared for the 400m, a distance over which he was not expected to do well. Yet he won, breaking the world record in the process. This story became immortalised in the film “Chariots of fire”.

This story made me think how God can sometimes use times of testing and

challenge to force us to change lanes in life. Maybe we are in our current lane due to expectations of parents or teachers or the drift of life’s circumstances.... But what if God is challenging you because He wants you to change lanes?

Hebrews 12:1 also gives us another race imagery: “Since we have such a huge crowd of people of faith watching us from the grandstands, let us strip off anything that slows us down or holds us back, and especially those sins that wrap themselves so tightly around our feet and trip us up; and let us run with patience the particular race that God has set before us.”

So, in addition to being a participant we may also play the role of coach/ spectator.

Who is coaching you? Who are you coaching ?

Who is encouraging you? And who are you encouraging in the race of life?

And remember Life is a Marathon not a sprint!

Mark Cornish
Authorised Local Preacher



News from the Parish of Hornchurch
St Andrew's, St George's, St Matthew's and Messy Church



What's on

Events for this column: please send them to the editor
 article.bullseye@parishofhornchurch.co.uk
 or "M" pigeon hole

Weekly meetings

Mon.	10.00am to 11.30 am 2.30 and 7.00 pm 8.30 pm	Tadpoles St Andrew's large hall, for children and their adults Time Out 2nd Monday of month meeting is 7pm North Street hall and 4th Monday meeting 2.30pm St Andrew's. Escape (1st & 3rd) small hall
Tues.	~ ~	~ ~
Wed.	9.30-11.00 am	0-2 Playgroup St Andrew's hall. Toys, songs and craft, refreshments. All enquiries to Parish Office
Thur.	1.30 pm	Little Fishes St Andrew's large hall. Toys, stories and craft, refreshments, all welcome
Fri.	15.15—17.17 7-9pm	Table Top Fun St Matthew's St Andrew's Choir practice. St Andrew's church

Uniformed organisations meet on various nights of the week. Please contact their representatives for times (see back page for telephone numbers)

For All Parish Giving Scheme Donors

The Parish Giving Scheme is at 76 Kingsholm Road, Gloucester GL1 3BD. Telephone will be 0333 002 1260 and the email address info@parishgiving.org.uk Can you please note these details should you need to contact them.



Parish Mission Statement

**What is our purpose?
We strive to:**

Love God

Jesus said - "Love the Lord your God with all your heart, soul, mind and strength"
Mark 12.30 NIV

"Worship in spirit and in truth"
John 4.24 NIV

Grow in Faith and Understanding

St Paul said - "Grow up in Christ until you reach the measure of the stature of the fullness of Christ"
Ephesians 4.13 & 15 NIV

Bring others to knowledge of and faith in Jesus Christ

Jesus said - "Make all nations My disciples" Matthew 28.19 NIV

Serve the community

Jesus said - "Love your neighbour as yourself" Mark 12.31 NIV

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Readers on-line who wish to complete the sudoku puzzle on Page 8 or the crossword puzzle on Page 9 will need to print those pages; the PDF format is not interactive.

Bullseye programme Contents to the Editor 2024

September Bullseye Sunday 4th August
 October Bullseye Sunday 1st September

Collating

September Bullseye Wed. 28th August
 October Bullseye Wed. 25th September

The Bullseye for October will be in the churches and online by Sunday 29th September 2024

Useful Telephone Numbers

We now have access to all our buildings but there are still other ways to access church. Search elsewhere on the website (www.parishofhornchurch.co.uk) for links to our services as well as regular updates on our various Facebook pages – the parish and Messy Church. Additionally visit www.churchofengland.org and www.chelmsford.anglican.org for further inspiration and resources to aid your worship and faith. Or simply call 0800 804 8044 a free national Church of England number to bring services and prayers to those not online. Please pass this number on to those you know may be in this position.

Pastoral care / Prayer requests

There is a dedicated phone number for prayer and pastoral care requests: **0789 55 12480**
 Please use this number if you would like the Pastoral Care team to contact you. It can also be used to request prayer by our Healing Prayer team who would be delighted to pray for you. Leave a voicemail or text message and someone will contact you within a couple of days.



254 St. Mary's Lane,
 Upminster RM14 3DH
 Tel. 01708 220330

28 High Street,
 Hornchurch RM12 4UN
 Tel. 01708 442145

Email:-
Upminster@bfmulleyson.com

Email:-
Hornchurch@bfmulleyson.com

www.bfmulleyson.com



Parish Services

The pattern of Sunday morning services is set out on page 16 and below. Holy Communion continues at St Andrew's at 10am every Thursday, and livestream Morning Prayer on Facebook at 9am Monday to Friday except Bank Holidays. Entrance to St Andrew's is not structured. Hand sanitizer continues to be freely available at various places in church premises, the wearing of masks is a matter of personal decision, as is a worshipper's choice of seat. Holy Communion is available in both forms, bread and wine, and it is a personal decision whether to take both. Gluten-free wafers and alcohol-free wine are available.

1st Sunday

8.30am - BCP Holy Communion at St Andrew's
 10.15am - Common Worship Holy Communion at St Andrew's (also livestreamed)
 6.30pm - Choral Evensong at St Andrew's.

2nd Sunday,

8.30am - Common Worship Holy Communion at St Andrew's
 10.15am - Morning Worship at St Andrew's (also livestreamed)
 10.15am - Common Worship Holy Communion at St George's
 6.30pm - Evening prayer at St Andrew's.

3rd Sunday,

8.30am - BCP Holy Communion at St Andrew's
 10.15am - Common Worship Holy Communion at St Andrew's (also livestreamed)
 10.15am - Morning Worship at St George's
 11.00am - Common Worship Holy Communion at St Matthew's
 2.45 pm - The Well at St Matthew's
 6.30pm - Reflective service at St Andrew's

4th Sunday,

8.30am - Common Worship Holy Communion at St Andrew's
 10.15am - Parade at St Andrew's (also livestreamed)
 10.15am - Common Worship Holy Communion at St George's
 6.30pm - BCP Holy Communion at St Andrew's.

5th Sunday,

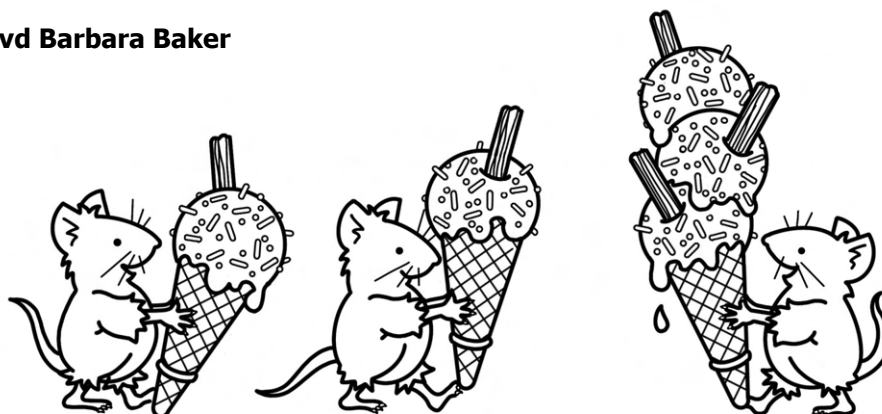
8.30am - BCP Holy Communion at St Andrew's
 10.15am - Common Worship Holy Communion at St Andrew's (also livestreamed)
 10.15am - Morning Worship at St George's
 6.30pm - Healing Prayer Service at St Andrew's

Decisions

Well, I'm glad that's over. Another government elected and I've done my duty and voted!
 For most of us, election times are decision times. For some of us, there are conflicts between choosing a person we think will be a good leader, or a party we prefer as a whole. Do we vote for a person or a party?
 For others, it is a wider decision—to vote for our own needs, or our country's needs, or for what we think is better for the wider world. The answers are not easy and inevitably are often in conflict with each other.
 As in any decisions we make, the answer for Christians is to ask for God's help first, and then, do our best with what we know. That means being objective about the needs we see around us and the reality of what can be done in our situation, at this particular time in history. If it's electing a government, we have to remember that neither the candidates nor the public are perfect. So, we need to remind ourselves of that and respect those in power.

God will guide those in power, if they listen to Him. But we Christians need to remind our leaders, from time to time, who really is in charge!
 In all the decisions that we make, whether small or large (most of us make lots of small ones in all areas of our lives) our first priority is to go to God.
 And, of course, if there is a conflict between voting for God or voting for the world, for me there is no contest. It's the Person every time.

Revd Barbara Baker



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Extreme Love



"Standing up for the National Anthem in the middle of the sermon was a a bit of a giveaway that you were watching the Olympics on your iPhone!"

Only God can satisfy every day with Unfailing Love,
 That we can "Sing for Joy" all the days of our lives;
 Because each day is a Gift from our heavenly Father,
 Unless we know this to be true, we'll always wonder;
 So, why do we sing at all, to ourselves and to others,
 It can't be just to make a noise and never have a song;
 And can it be that words are simple expressions of love,
 We all know that "Love Songs" are the best songs of all;
 As God created man, it was His love song to woo us daily,
 That's what God does when we truly surrender to Him;
 The day of our birth is an "Act of Love" from the life-giver,
 Who breathes this life into us as we enter this earthly life;
 Our childhood is mapped out with careful loving parents,
 Taking us on through our education and experiences too;
 Training us with dedication, discipline and creative assets,
 So that we'll be useful, helpful and committed individuals;
 Loving God and all His creation gives us a love of all nature,
 Whether it's Horses, Birds, Dogs, Cats or any other animals;
 We are left in awe as to God's incredible almighty abilities,
 He is able to do anything as He's the God of every creation!
 As children, we all ask these difficult questions about God,
 And it's always good "To Ask Questions" about this Holy God;
 He's Omnipotent and all knowing, as our conscience tells us,
 Our conscience is God's way of correcting all wrong thought;
 Most things go wrong when we live in denial of conscience,
 That's why we need to be very careful in all decision making;
 Maybe God has a lot to say about this, so read some Psalms,
 They give us insight into God's plans for individual Salvation;
 What is Salvation that leads to Eternal Life and Peace in Life?
 Total surrender to Jesus Christ as Lord is Freedom to our Soul;
 All this comes about by man's realization that he isn't perfect,
 Living in denial brings pain and sorrow to all of God's creation;
 From First Breath to Last, remember your life is not your own,
 Jesus says, "We have been Bought with a Price" His Love to us;
 Can we say, "We are immune from God's love" or do we need it,
 Everyone needs love and "God's Love is love in all it's fullness"
 No one can live without love, so embrace the real Love of God,
 He's always there spurring you on to great things for His Glory;
 No man is an Island and it's why "Jesus came to Set us all Free"
 Freedom is "To make Choices and Decisions with God in Mind!"
 Some people go from day to day with endless worries and cares,
 Pray and you will find where there's a problem there's a solution;
 Slow down your life, and live each day as if it's your last day
 here,
 It will change you and you will experience peace and a better life;
 Pray for God to fill you with His Spirit and watch your life change,
 No one who truly believes will ever regret this wholesome prayer;
 Whenever there's doubt we can always turn to one of the Psalms,
 Psalm 139 tells us all how we are made and who we are in God;
 Psalm 34 is about God's love to us as His created Human Beings,
 St John says, Jesus was Full of Grace and Truth to every person;
 There has never been anyone who has impacted the earth more!
 It just shows what one Man can do to change the whole world.

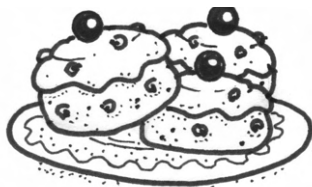
Quiz Night

**September 7th at 7.30pm at
 The North Street Hall**

**A Fund Raising Event for the repairs to
 the gates of the North Porch at
 St Andrew's Church.**

Tickets are £7.00 each. Tables of 8 people.
 Bring your own nibbles / snacks.
 Refreshments will be on sale (for fund raising)
 Cake, coffee and tea.
 Raffle tickets on sale on the night,
 for further fund raising.

Tickets on sale now from:
 Kathy Wenborn on 07808 885853
 Janet Martin on 07922 138172
 Graham Martin on 07922 138172



If anyone has any Raffle Prizes they would like to donate for the Quiz Night Raffle, we would be so grateful. If you could ring **Graham Martin on 07922 138172**, he is willing to pick up any raffle prizes. Thank you so much and God Bless you.

Mark Lendon

To spend an hour worrying on our knees is not prayer. Indeed, there are times when it is our duty, having committed a problem to God in prayer, to stop praying and to trust and to do the necessary work to arrive at a solution.

Oliver Barclay

Pray as though everything depended on God. Work as though everything depended on you.

Saint Augustine

70th Birthday and First Quarter Peal Congratulations

On Sunday 23rd June, St Andrew's bell ringer Tina Gornall celebrated her 70th birthday. This was an opportunity for the bell ringers to mark the occasion by ringing a quarter peal for Tina. It was also a chance for young bell ringer Carys Hayward to attempt and succeed in ringing her first quarter peal. The changes were conducted by her mother Marianne and Carys effortlessly rang her bell for 45 minutes without stopping. Carys' godfather, Jeremy, was also able to give his support, travelling all the way from Kent to take part. Congratulations to Tina (aged 70) and Carys (aged 14). Full details of the ringing as follows:

Hornchurch, Essex, St Andrew
 Saturday, 22 June 2024
1260 Plain Bob Doubles

- 1 Carys E Hayward
- 2 John M Church
- 3 Jeremy R Byers
- 4 Marianne R Hayward (C)
- 5 Clive J Stephenson
- 6 Mark E Lendon

Specially arranged to celebrate the 70th birthday of Tina Gornall on 23rd June. First quarter peal - 1.

Photograph right: The team of bell ringers with Tina in front



Mothers' Union

Janet and Graham Martin attended a Chelmsford Diocese Mothers' Union Annual Retreat with an overnight stay at the Diocesan Retreat House in Pleshey (near Chelmsford) on 1st and 2nd of July. The Sessions were led by The Very Revd Canon Rod Reid who is a CDMU Chaplain. The Theme of the Sessions was 'Stepping Stones'. The Sessions included:- Are we really listening, The Lord's Prayer, The Ignatian Prayer, Repetitive Prayer and Prayer & Scripture. Our time at Pleshey concluded with Holy Communion. We thoroughly enjoyed our time at Pleshey and we look forward to the Retreat next year. If anyone else is interested in going to Pleshey next year, please telephone Marion Ketley on 01702 556318.

Mothers' Union II

Sadly we no longer have our branch of Mothers' Union at St Andrew's.

However former members of our branch now attend MU at St Nicholas in Elm Park and anybody interesting in attending there would be assured of a warm welcome.

Speak to Jeanette Street for details.

Little Fishes Craft and Gift Fair

our 20th event

Saturday 5th October

11am to 3pm at the North Street Hall Hornchurch



A variety of stalls selling Crafts and Gifts
 Refreshments and light lunches Admission free

Some space still available; contact us at littlefishes2007@yahoo.co.uk

Wednesday Afternoon Music at Hornchurch Library

We take a Summer break now, returning on the first Wednesday of October.

If you would like advance details of our Autumn programme of music please email your name to michaelbeaman@btinternet.com and we will add you to our database. Programme details via email will be sent to you in early September.

We meet October until the end of May on 1st & 3rd Wednesdays in the main meeting room, 1st floor (lift available), Hornchurch Library, RM11 1TB. Programmes commence at 2pm and finish by 4pm. Admission is £2 and interval refreshments are available at nominal cost. First time visitors are always welcome along with our friendly bunch of regular music lovers. If you want any other details call Stephen 01708 470670 or email srindale@aol.com

Bell Ringers Coach Outing to Suffolk
Saturday 14th September 2024

Coach leaves St Andrew's at 8.00am returning by 9.00pm.

Visiting Bures, Sudbury (lunch), Edwardstone and Lavenham (evening meal).

Cost is approximately £40 including coach & evening meal.

(Lunch is own arrangements in Sudbury)

Please contact Clive: 07896 342010
 for more details and to reserve a seat.
 Non-ringers are especially welcome

Bishop Guli's tribute as composer Sir John Rutter is knighted

The Bishop of Chelmsford, Dr Guli Francis-Dehqani, has paid tribute to the composer Sir John Rutter who has been knighted in the recent King's Birthday Honours List. Bishop Guli said:

"Warmest congratulations to John Rutter on being awarded a knighthood in The King's Birthday Honours. His enormous contribution to sacred choral music as a composer, arranger, editor and conductor over half a century has been a huge blessing and has enriched our worship."

The Bridge

Members of The Bridge were asked to help with preparing some craft items for the Messy Church Olympics. They spent some time colouring in Olympic rings and torches and then making paper chains to decorate the hall. They really enjoyed getting involved in these activities, as you can see from the photograph below.

Jeanette Street

Scout Leaders needed

Do you have some spare time and would be interested in volunteering with the biggest Scout Group in the Greater London Region?

8th Hornchurch are a large and successful group that are continuing to grow and they now find themselves looking for a number of volunteers. They are specifically looking for additional leaders to support the good work of the current leaders to drive forward the ever-growing Scout Group, allowing them to continue to offer fantastic opportunities and skills for life for children aged 6-14 years.

No prior experience is required as the Scout Association will provide full training. All we need is enthusiasm, an interest in working with and developing young people and a small commitment to attend training, and regular section meetings with the occasional day trip and camps. You will have the opportunity to grow yourself by using your current skills, learning new ones and contributing to an amazing life-experience for you and your local community. This role does require a DBS disclosure (which will be paid for by Scouts).

If you are interested in hearing more, please email gsl@8thhornchurch.org.uk



Guide, Rainbow and Brownie Leaders needed

Hornchurch East District are looking for enthusiastic volunteers to help at Rainbow and Brownie meetings at St Andrew's.

Rainbows are girls aged between four and seven years old, and meet at 4.30pm for an hour. Brownies are girls aged between seven and ten years old and meet at 6.30pm until 8.00pm. Both groups run a varied programme, enabling the girls to learn, develop new skills and have fun. And, of course, gain badges!

No experience is necessary as full training and support will be given. A DBS disclosure will be required (paid for by Girlguiding UK). If you are interested, and/or would like more information, please contact District Administrator Sandra Cox on email: charlesandsandra@outlook.com



Time Out

There were 25 members and friends at our Afternoon Tea meeting on 24th June. It was a hot, sunny day but we decided to stay in the hall at St Andrew's where it was cooler. Everyone wore a colourful hat as it was Ascot week (photos attached). Members really enjoyed the 'bring and share' sandwiches, cakes and scones, cream and jam on offer.

Our last meeting before the Summer break was at North Street Hall where we held our AGM with a fish and chip supper. There were 27 members present and we discussed plans for the remainder of the year and into the future.

Future meetings:

Monday 5th August ~ Gidea Park walk led by The Gidea Park and District Civic Society. Please contact Val for details

Monday 9th September ~ Meet and Greet meeting 7pm in North Street Hall.

Monday 23rd September ~ 2.30pm in St Andrew's Hall. TBC

Please contact

Val on 07527 325996

for information about meetings and the group.



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Easy Sudoku solution on Page 15

			8			3		
9		1	4	3				
7		3				2	1	4
		8	1				3	
1	3	4	5		6	7	8	2
	7				8	5		
4	2	7				8		3
				5	3	9		7
		5			4			

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St James the Least of All

Editor: The Rev Dr Gary Bowness continues his tongue-in-cheek letters from 'Uncle Eustace'...

On the perils of swinging incense . . .

From: The Rectory,
 St James the Least of All

My Dear nephew Darren

Well, at least you tried. Filling in for another colleague who was away on holiday was kind of you; that it was somewhere with a high church tradition was adventurous of you. But just because something is worth doing, must you do it to *such* excess?

I can remember the first time I saw you having to use incense; you held the thurible as though you had just been presented with a dead rat. This time, however, I am told that you heated so much charcoal that the congregation thought you were going to hold a barbecue rather than burn incense.

The church warden was impressed with how quickly everyone knelt down, as you went by. If it was in more of an effort to stay clear of your thurible than to pray, well never mind, at least they were on their knees. And I am entirely on your side; you were not to know that their new fire protection system included automatic sprinklers, activated when too much smoke is detected. I am sure most of them would have dried out by Evensong.

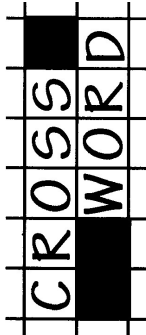
You told me that you had not been sure what to do with the thurible when you reached the front. But swinging it so enthusiastically that the chain broke and catapulted several pounds weight of red-hot brass through one of their stained glass windows was really not the best solution. Never mind. I am sure the insurance company will be sympathetic.

But surely you knew that smells also implies bells? So why the panic when the server rang the bells in your ear beside the altar? To have promptly dropped the chalice and shouted 'fire!' was surely something of an over-reaction? Especially as it meant that the vergers re-started the sprinkler system. I am told that several in the congregation left church looking as if they had taken part in a mass baptism, involving full immersion whilst fully clothed.

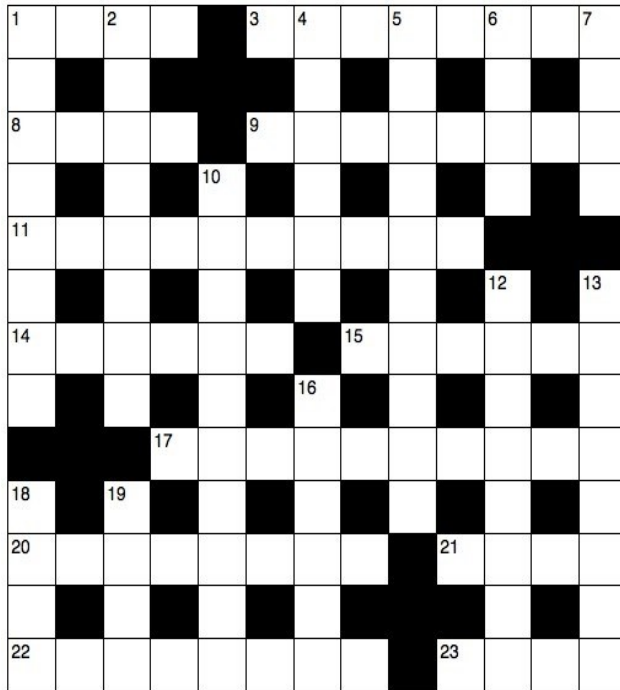
I am told that you actually even wore full robes, rather than your customary T-shirt and jeans. Just one tip: should you ever wear them again, you might wish to wear the chasuble right side out. But that is a small point compared to the 'hat', as you called it. My dear nephew, wherever did you get it from? That is only worn by a bishop – and even then, the two tabs hang at the back, not over your face.

I am told that some of the congregation feared that in some frightful 'fresh expression' of episcopal rule, you had suddenly been handed control of the diocese. With the Church of England in its present woeful state, I suppose anything is possible.

Your loving uncle,
Eustace



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Across

- 1 and 3 Two of the disciples who witnessed the transfiguration of Jesus (Luke 9:28) (4,3,5)
- 3 See 1 Across
- 8 'Let us draw — to God with a sincere heart in full assurance of faith' (Hebrews 10:22) (4)
- 9 O Simon is (anag.) (8)
- 11 Form of government under the direct rule of God or his agents (10)
- 14 How Jesus found His disciples when He returned to them after praying in Gethsemane (Luke 22:45) (6)
- 15 In The Pilgrim's Progress, the name of the meadow into which Christian strayed, which led to Doubting Castle (2-4)
- 17 Glad sin rat (anag.) (10)
- 20 Spinal column (Leviticus 3:9) (8)
- 21 Valley of the Balsam Tree with a reputation of being a waterless place (Psalm 84:6) (4)
- 22 'The oracle of Balaam son of Beor, the oracle of one — sees clearly' (Numbers 24:3) (5,3)
- 23 Adam and Eve's third son (Genesis 4:25) (4)

Down

- 1 David's great friend (1 Samuel 20:17) (8)
- 2 'The Lord... will bring me safely to his — kingdom' (2 Timothy 4:18) (8)
- 4 'I, Daniel, mourned for three weeks. I ate no choice food; — — or wine touched my lips' (Daniel 10:3) (2,4)
- 5 Seeking to vindicate (Job 32:2) (10)
- 6 Female servant (Isaiah 24:2) (4)
- 7 'For Christ died for — once for all' (1 Peter 3:18) (4)
- 10 'Offering spiritual sacrifices — to God through Jesus Christ' (1 Peter 2:5) (10)
- 12 Jesus said that some people had renounced this 'because of the kingdom of heaven' (Matthew 19:12) (8)
- 13 One of the three men thrown into the furnace for refusing to worship Nebuchadnezzar's golden image (Daniel 3:20) (8)
- 16 'You have — of good things laid up for many years. Take life easy; eat, drink and be merry' (Luke 12:19) (6)
- 18 'There before me was a white horse! Its rider held — —, and he was given a crown' (Revelation 6:2) (1,3)
- 19 Equipment to Charity Hospitals Overseas (1,1,1,1)

Across: 1, John, 3, And James, 8, Near, 9, Omission, 11, Theocratic, 14, Asleep, 15, By-path, 17, Stallingrad, 20, Backbone, 21, Baca, 22, Whose eye, 23, Seth.
Down: 1, Jonathan, 2, Heavenly, 4, No meat, 5, Justifying, 6, Maid, 7, Sins, 10, Acceptable, 12, Marriage, 13, Shadrach, 16, Plenty, 18, A bow, 19, ECHO.A

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Flag Days for 2024

- (Union Jack unless otherwise stated)
- Sunday Sept. 8th: Accession of HM The King
- Sunday Sept. 15th: Battle of Britain Day
- Sun Nov. 10th – Monday Nov. 11th: Remembrance Sunday and Remembrance Day
- Thursday Nov. 14th: Birthday of HM The King
- Saturday Nov. 30th: St Andrew's Day (St Andrew's flag)
- Wednesday Dec. 25th: Christmas Day

Do you want to advertise in this magazine?

Then contact the Advertising Manager
 Arlene by email to
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Ingrebourne Valley Visitor Centre Open daily 10am - 5pm:
 Café, Gift shop, Picnic facilities, Toilets, Site of Special Scientific Interest (SSSI)

Essex Wildlife Trust's Ingrebourne Valley Nature Discovery Centre is a partnership project between Essex Wildlife Trust and Havering Council. Built in Hornchurch Country Park, the centre overlooks the fantastic marshland and reedbeds of the River Ingrebourne Valley. Dogs are not permitted in the Nature Discovery Centre

Nature Babies, Ingrebourne Nature Tots and the Home Education Group have finished for the summer term and will resume in September. Summer holiday activities are below. .

Ingrebourne Wilder Holiday Club

29th and 30th July, 5th and 6th, 12th and 13th August . From 9am to 3pm. £37 a day, activities vary, packed lunch and consent form essential.

Ingrebourne Wild Wednesday 14th August 10:30am-12:30pm £7.73 per child (primarily aimed at families with children aged 3-10 who must be accompanied by their adult.

Ingrebourne Family Forest Fun (2-9 years) Friday 16 August 10:30am-12:30pm £7.73 per child who must be accompanied by their adult.

To find out more please email our Wilder Learning Officer at learning@essexwt.org.uk

Contact number: 01708 520364 Contact ail: ingrebourne@essexwt.org.uk

3rd—4th August Women Flyers of WWII exhibition. Commemorating the women of the Air Transport Auxillary and the Women's Air Service pilots.

31st August—1st September Hornchurch and the Zeppelin Raids of WWI

Admission by donation with percentage to the Essex Wildlife Trust.

www.essexwt.org.uk/reserves/ingrebourne



Escape Men's Group

We meet on the first and third Monday at 8.30pm at St Andrew's church.

For further details contact

John Speller on 07599 791420

or by e-mail

john.speller@hotmail.co.uk

Message from St Andrew's Choir

Young voices play a very special part in the traditional church choir sound. We will be recruiting boys and girls aged 7 and above to come and experience the choir and see if their voice has potential.

Please speak to Bill after any 10.15 service at St Andrew's or drop him an email to

william.brooks861@gmail.com

Food Bank

Donations are always needed, in food or cash. For a donation in money please continue to send a cheque, payable to Kingdom Storehouse Ltd, to the Harold Hill Food Bank, Unit 1, Guardian Business Centre, Faringdon Avenue, Romford, RM3 8FD, or you go online to

<https://haroldhill.foodbank.org.uk/give-help/donate-money/>

Floodlighting of St Andrew's Church, Hornchurch

Many thanks to all who have sponsored the floodlighting during August 2024:

Jillian Atkins ~ In loving memory of my dear husband **Robert** on his birthday 28th August:

Anne Degiorgio ~ In memory of my beloved husband **Peter Raymond** for our Wedding Anniversary on 24th August.

If you are interested in being a sponsor please telephone the Parish Office on 01708 441571





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A Prayer for August 2024

Lord, in a year of changes in our country and in the world, we thank You for the regular rhythm of each year.

We thank You for August, the month of holidays and rest for many, especially for families and those tied to termly timetables. We pray for Your blessing and restoration for all.

As we take time out of normal routines, help us to still make space for You; to be refreshed spiritually as well as physically.

Feed us, Lord, by Your Word; revive us by Your Holy Spirit; encourage us by Your indwelling presence, so that we might naturally reflect Your love to all we meet, on holiday or at home or at work.

In Jesus' Name. Amen.

Daphne Kitching



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Parish Men's Group

The Parish Men's Group is made up mainly of retired men from both within the Parish of Hornchurch and outside. It includes regular churchgoers and those who don't attend church. We meet for lunch at the Cranleigh Restaurant on the second Wednesday in each month from 12 noon for 12.30 sit down. The three-course lunch is followed by a speaker. The cost of the lunch is £19 and for those planning to come on a regular basis there is an annual membership fee of £5 to cover incidental costs of administration. Our aim is to provide friendship and fellowship in a relaxed and informal environment. We also have occasional outings to local places of interest and elsewhere using public transport. New members are always welcome and in the first instance should contact:

Peter Fanning on 01708 456578

Hornchurch Library

At 44 North Street Hornchurch.

Not just for books; talks, activities and more.

Contact the librarians on

01708 434903 or libraryevents@havering.gov.uk

or visit the Havering Libraries Facebook page or see the Council website for more information.

At Messy Church

We Learn about God ♦ Welcome all the Family
♦ Activities & Crafts ♦ Eat Food
♦ Hear Bible Stories

Dates for your Diary

Saturday 10th August: Picnic, Praise and play—bring your own picnic. 3.30 to 5pm outdoors in St Andrew's Church grounds

Sunday 8th September: Harvest Celebrations; I am the True Vine. 3.30—5pm outdoors in St Andrew's church grounds

Thursday 31st October: Light Party: I am the Light of the World. 4.30 to 7.30 pm North Street Halls.

Saturday 9th November: Remembering our loved ones. 3.30 to 5pm, Main hall and outdoors in St Andrew's church grounds

All ages are welcome. Please wear weather-appropriate clothing and footwear for the outdoor sessions

Book via Eventbright.

Take a look at our Facebook page
<https://www.facebook.com/messychurchinhornchurch>

Or www.parishofhornchurch.co.uk for regular updates and further details about when and where Messy Church is meeting.

We look forward to seeing you at a Messy Church session very soon.



Charity of the Month for August ~ The Wildlife Aid Foundation (WAF)

1 in 7 species in the UK is faced with extinction in our lifetime, and 50% of all British species are in decline. The Wildlife Aid Foundation (WAF) exists to protect and care for as many native species as possible. We live in one of the most nature-depleted countries in the world. WAF works to redress the balance – and ensure a future for British wildlife.

They run one of the UK’s busiest wildlife rescue and rehabilitation centres. Dealing with over 20,000 wildlife-related incidents, each year, it’s a 24/7 job. On any day, our rescuers will be scaling trees to rescue stranded baby owls or cutting fox cubs from garden netting. Our vets will be performing life-saving surgery, while the carers look after hundreds of patients and young babies being nursed in our rehab centre.

We rely on a small army of over 300 volunteers and run popular outreach and education programmes that help people take actions to make the world a better place for us and our animal neighbours in the natural world. They are one of the longest-established wildlife centres in the UK and have been championing British wildlife for over 40 years. All wild animals that come into the hospital are treated and rehabilitated completely free of charge. Our aim is to return every animal that is capable of surviving back to its natural environment. We are not species specific and will treat any form of British wildlife.

Want to help? You can donate directly to them via their website <https://www.wildlifeaid.org.uk/donate> or via a cheque to the Parish Office payable to 'Hornchurch PCC' and written on the back 'COM Wildlife Aid'. All donations we receive are collated together and sent to the charity at the end of the month. If you have any charities to suggest, please email or leave a note for me at the parish office



Arlene Trump

Table Top Fun

**Every Friday 15.15 to 17.15
St Matthew’s Church
Chelmsford Drive RM14 2PH**

Welcome to our free and fun gathering for all ages. Enjoy crafts, Warhammer, board games, tasty food and drinks. Come make new friends and create memories with your family.

All children need to be accompanied by an adult.



Contact Revd Mark Smeed for more information.

Photograph left :
St Lawrence Jewry West end
See more about the City of London churches on P13

Extra caretaker needed

Our halls are hired for various private functions like birthday parties, baby showers, awards presentations, etc. To facilitate this we need caretakers to do the following;

1. Unlock the hall to let the hirers in
2. Show them where everything is kept, etc
3. Be available by phone during the hire period in case of any queries
4. Return at the end to ensure the hirer has left the hall clean and tidy and secure the building

5. Report any problems with the hall or the hire to the Parish Office
Training will be given for this role so you know where things are and how they work. A small fee is also paid for this service for each hire. Interested? Please email the Parish Office at office@parishofhornchurch.co.uk and provide your name and phone number plus your connection to the church or call us with the same information, 01708 441571.

Arlene Trump



What's In A Name - City of London Churches (Part II)

Another article exchanged with St Laurence's Upminster and their parish magazine Gridiron, from Rob Brabner

St Lawrence Church, Jewry

This church serves the City of London Corporation. Though the church was gutted by bombs in December 1940 the building was impressively restored by Cecil Brown between 1954-57. Recently the church was closed again for 18 months after further refurbishment. The church has a most impressive interior, white and gold building on the ceiling, chandeliers and fine modern woodwork. The church is open on weekdays and the 'Jewry' refers to the church's position on the edge of the then Jewish quarter of the medieval City.

St Margaret's, Pattens

This church is situated in the shadow of the 'Walkie Talkie' building. 'Pattens' may refer to the wooden soles raised on iron hoops, to keep women's shoes above the dirty streets, which were made in the neighbourhood. A pair of original pattens are still in safekeeping in the vestry, along with the hour-glass formerly used for timing the sermon (twenty-nine minutes apparently being the limit before the sand ran out!). The church is normally open on week days. The spacious interior includes many interesting features. A row of pegs in the north aisle allows provision to leave your wig!

St Mary Abchurch

Friends of the City of London Churches use this church as their base. Rebuilt by Wren after the Great Fire between 1681-86. The only City church with an authentic carved rederos (screen behind the altar) by Grinling Gibbons. 'Abchurch' possibly from a benefactor called 'Abba', or a corruption of 'Up' church (i.e. up the hill from the river). Church open on week days.

St Mary, Aldermary

A rare example of Wren working in the 'gothic' style, another church with an impressive interior. The name seems to refer to 'older Mary' to distinguish it from other 'St Mary' churches but of less ancient foundation. This church is first mentioned in 1080

St Mary le Bow, Cheapside

The famous Bow Bells church and one of Wren's most celebrated tower and steeples. The 'great bell of Bow' features in the nursery rhyme 'Oranges & Lemons'. The bell rang to sound the curfew in the City at 9pm

from the year 1469 until 1876 when it was discontinued. The name of the church probably comes from the 'arches' or 'bows' in the Norman crypt beneath the church.

St Mary, Woolnoth

This church was partly restored after the Great Fire, but then completely rebuilt by Nicholas Hawksmoor in 1716-27. Open on week days the church has a coffee stall inside, On a site close to Bank Station on the corner of Lombard St and King William St. The name is possibly after 'Wulfnoth' a suggested 11th century founder or alternatively from a nearby wool market of the Middle Ages.

St Michael, Paternoster Royal

Named Paternoster after the rosary makers in the neighbouring lane and Royal a corruption of La Reole, a town in Bordeaux with a connection to the local wine importing district. Church also famous for its connection with Richard Whittington, four times Lord Mayor of London. The diocese of London have decided that this church is no longer required and are currently marketing the building with a long lease. The church is very close to St James, Garlickhythe (mentioned in the part 1 article).

St Nicholas, Cole Abbey

The church remains consecrated, though it is a successful coffee shop 'Cole Abbey'. The church was gutted in WW2 and restored by Arthur Bailey, 1961-62. 'Cole Abbey' is probably a corruption of Cold Harbour, a medieval shelter for travellers.

Holy Sepulchre, Holborn Viaduct

Only in the last few years has this church returned to this name. Formerly known as St Sepulchre without Newgate. Church first mentioned in 1137. The largest of all the post Great Fire churches, with plenty of interest, associations with the notorious Newgate Prison, where now the Old Bailey stands on the other side of the road. Sir Henry Wood, founder of the Promenade Concerts, learnt to play the organ here aged 14, and his ashes are interred under the St Cecilia window in the Musician's

Chapel. After the end of the Prom season in the Royal Albert Hall, the wreath that adorned the bust of Sir Henry Wood is laid here on Sir Henry's final resting place.

The church is named after the Church of the Holy Sepulchre in Jerusalem, one of the most visited of all churches in the world.

Rob Brabner

Photographs by Rob Brabner

The Sir Christopher Wren window in St Lawrence Jewry

Richard Whittington memorial in St Michael Paternoster

P12 St Lawrence Jewry West end.



Bell Ringers Perform Well In Essex Striking Competition

On Saturday 29th June St Andrew's bell ringers represented our district in the Essex Striking Competition at Great Easton.

We were competing against 10 other teams from all over Essex. Each team rang 240 changes of their chosen method and were judged on the accuracy of their striking. Our team rang well and finished in 6th place out of 11 teams with an accuracy score of 75%.

Well done to our successful team of James, Michelle, Marianne, Nick, Clive and Mark shown in the photograph right.



Clive Stephenson

Fearless in the line of fire

A six-year-old girl was taken by her grannie to a very 'high' Anglican church.

Afterwards she tried to explain to her father what it had been like.

"They tried to run us out – they brought in a smoke bomb and shook it at all the people in the front row. But grannie wasn't scared one bit. We stayed until the very end."



RAF HORNCHURCH HERITAGE CENTRE

Great Day Out of Family Fun & Education

Our Heritage Centre is aimed at educating all and preserving the memory of those who served at Suttons Farm and RAF Hornchurch.

We have themed rooms to walk you through the past of the historic WW1 and WW2 Airfield in Hornchurch and the people who lived nearby.

Open 'Every Weekend' from 11am to 4pm, and available for group/school bookings at other times.

Suttons House, 119-121 Suttons Lane, Hornchurch, RM12 6RU
Tel: 01708 898091 Email: info@rafhornchurch.com

www.rafhornchurch.com

God in the Sciences

This series is written by Dr Ruth M Bancewicz, who is Church Engagement Director at The Faraday Institute for Science and Religion in Cambridge. Ruth writes on the positive relationship between Science and Christian faith.

**Physicist and Priest:
John Polkinghorne (1930-2021)**

At the age of 48 the Cambridge Professor John Polkinghorne decided he'd done his bit for physics and that it was time for a different sort of adventure. Resigning his academic position, he trained for ordination in the Church of England. In an interview 40 years later he said, *"It's one thing to go to church on Sundays but to give up a professorship and train for something else – that was a bit more than a gesture...I think a lot of people realised I was a religious person but they didn't expect me to take it quite that seriously...People were saying to me, 'Oh John what are you up to?' They mostly weren't thinking so much about my becoming a clergyman but just the fact that I was a Christian."* (From *Test of Faith, Paternoster, 2009*)

John saw his work in science as a Christian vocation, and he felt a responsibility to use his talents in that area. Once ordained he found himself thoroughly engaged in the conversation about science and religion. One of his main messages was that *"I'm not a vegetarian butcher. There is a cousinly relationship between thinking about theology and thinking about science."*

When asked for a Bible passage to appear at the end of his 2009 interview John chose Colossians 1:15–20: 'He is the image of the invisible God, the first-born over all creation. For by Him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by Him and for Him. He is before all things, and in Him all things hold together. And He is the head of the body, the church; He is the beginning and the first-born from among the dead, so that in everything He might have the supremacy. For God was pleased to have all His fullness dwell in Him, and through Him to reconcile to Himself all things, whether things on earth or things in heaven, by making peace through His blood, shed on the cross.'

John's explanation for his choice speaks volumes to anyone interested in the science-faith dialogue. *"I value this passage because it speaks of the cosmic significance of Christ, the One in whom all things hold together and who redeems all things (notice, not just all people) by the blood of His cross. Here meet my deepest religious beliefs and my strongest scientific concerns."*

Thanking God for the beauty of a late summer morning...

Morning Prayer

When morning in russet and saffron clad
Is mantling the hills in a dew-soft plaid
To the song of the moorland two-wings glad
Let my heart upraise;
When light creeps in through the chinks of the door
When the mist ascends from the mountain floor,
When the ocean shimmers like burnished ore,
Let me give Thee praise.
O God of the morning, Christ of the hills,
O Spirit who all the firmament fills,
O Trinity blest who all goodness wills,
Keep us all our days.

From Prayers of the Western Highlanders



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1	3	4	5	9	6	7	8	2
2	7	9	3	4	8	5	6	1
4	2	7	6	1	9	8	5	3
8	1	6	2	5	3	9	4	7
3	9	5	7	8	4	1	2	6

Sudoku solution from P8

SUNDAY SERVICES in the Parish of Hornchurch

8.30 am: Morning Worship at St Andrew's Church
10.15 am: Parish Worship at St Andrew's **4th Sunday** Parade Service
6.30 pm: Evening Services at St Andrew's.
2nd, 3rd, 4th and 5th Sundays at St George's Parish Worship at **10.15 am**
3rd Sunday only at St Matthew's **11.00 am** Holy Communion, **2.45pm** The Well, other churches as above as usual.
Thursdays 10.00 am Mid-week Holy Communion at St Andrew's See **Page 3** for greater detail

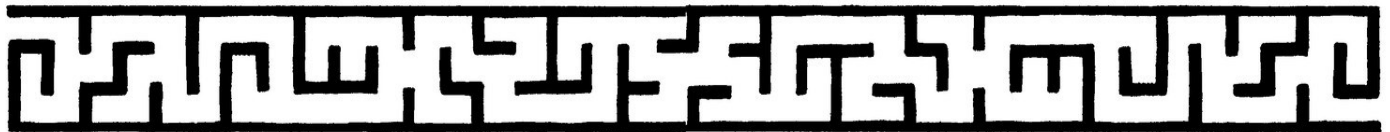
St Andrew's Church 222 High Street RM12 6QP **St George's Church** Kenilworth Gardens RM12 4SG **St Matthew's Church** Chelmsford Drive RM14 2PH **Messy Church**

Hornchurch Parish Churches **June 2024**

Baptisms
June 30th Kajus Baltrusaitis

Marriages
June 1st Sophie Mizen and Chanda Chisimba
8th Joseph Brown and Lisa Smith

In Memoriam "I am the resurrection and the life" John 11v25
June 20th Jason Westrope Mann 86



<p>PARISH STAFF (Days off in brackets)</p> <p>Vicar Revd Ken Wylie (Friday) 01708 441571</p> <p>Associate Vicar Revd Lisa Bewick (Monday)</p> <p>Associate Priest Revd Dr Marianne Hayward</p> <p>Curate Revd Mark Smeed all 01708 441571</p> <p>Readers Pat Bromhall 01708 441571 Carole Sherratt 01708 441571</p> <p>Authorised Local Preachers Anne Jarrett 01708 441571 Mark Cornish 01708 441571</p> <p>Pastoral Care Team 0789 55 12480</p> <p>SAFEGUARDING TEAM by e-mail to</p> <p>Children child.safeguarding@parishofhornchurch.co.uk</p>	<p>WHO'S WHO in the Parish of Hornchurch</p> <p>PARISH OFFICE 222 High Street, Hornchurch, RM12 6QP</p> <p>www.parishofhornchurch.co.uk Office hours: Monday—Thursday 10.00am - 4.00pm Friday 10.00—12 noon.</p> <p>General enquiries about Baptism, Marriages and Hall bookings should be made to St Andrew's Parish Office Staff: Arlene Trump and Jackie Bruniges Tel: 01708 441571 e-mail: office@parishofhornchurch.co.uk</p> <p>UNIFORMED ORGANISATIONS</p> <p>Scouts, Cubs and Beavers: Andrew Rice 01277 262702</p> <p>Girls' Brigade: Karen Speller 01708 442848</p> <p>Guides, Brownies and Rainbows: Sandra Cox 01708 442625</p>	<p>PARISH WARDENS Nigel McCarren 01708 441571 Jeremy Shearmur 01708 441571</p> <p>Choir Master Bill Brooks 01708 509489</p> <p>Organist and Worship Band coordinator Andy Losq</p> <p>PRAYER NETWORK Jane Harder and Jacquie Humphreys 01708 441571</p> <p>BULLSEYE</p> <p>Editor: Carol Metcalfe 01708 451535 article.bullseye@parishofhornchurch.co.uk</p> <p>Advertising: Arlene Trump advert.bullseye@parishofhornchurch.co.uk</p> <p>Distribution: Via the Parish Office</p>
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